

- * Strong assessment skills and gifted in providing sensitivity, empathy, hope and encouragement
- * Self-motivated, organized, independent, enthusiastic, leader, authentic, reliable, and flexible
- * Extensive experience with student support services, effective with relationship and team building

Counseling and Teaching

- Member of community grief counseling team; former board member for county mental health services
- Developed social/emotional skills by helping students learn to communicate and process their feelings
- Designed and administered stress management and bereavement programs for schools and agencies
- Effective with identifying barriers and developing purposeful strategies to overcome various challenges
- Partnered with students to identify learning needs and created strategies and possibilities for supports
- Provided comprehensive assessments, maintained clear and concise notes, and developed care plans
- Facilitated support groups for addiction, depression, anxiety, self-harm, grief, anger, and healthy choices
- Elementary, middle, high school, college, and adult teaching; group facilitator for mental health awareness

Supervision and Outreach

- Directed strategic initiatives to increase student retention and improve academic outcomes
- Identified students with specific strength areas to be peer-to-peer tutor to assist other students
- Provided ongoing evaluation to the testing center to ensure confidential and healthy processes
- Supervised, trained, and cared well for the staff that provided the daily academic support services
- Collaborated with faculty and administrators to monitor support programs for ongoing appropriateness
- Created tools to assess outcomes of program development and designed curriculum to sustain needs
- Presenter to community members on topics related to communication, family systems and mental health
- Skilled in developing healthy teams and positive environments that promote excellent care and outcomes

Professional Experiences

7/2023 to current	Erie County Technical School	Admissions Coordinator
1/2023 to 7/2023	Gannon University	Counselor
9/2021 to 11/2022	Caregiver/Substitute Teacher	Various School Districts
5/2015 to 9/2021	Disability Coordinator	Penn State Behrend Campus
3/2014 to 6/2015	Student Assistant Program Counselor	Erie County School Districts
9/2010 to 6/2014	Social Worker/Group Facilitator	UPMC Women's Hospital
2/2008 to 9/2010	Full time parent	Home with my children
1/1997 to 2/2008	School Based Counselor/Site Director	Community Counseling Center
8/1993 to 1/1997	Adult Education Instructor	Northwest Intermediate Unit
8/1987 to 6/1993	Elementary School Teacher	Baltimore City School District

Education and Specialized Training

Master's Degree in Clinical Counseling – Edinboro University of Pennsylvania – 1994

Bachelor's Degree in Elementary Education – Edinboro University of Pennsylvania – 1987

Trauma * Anxiety * Depression * Disabilities * Abuse * Family Systems * Anger Management Critical Thinking * Grief * Healthy Relationships Building * Coping Strategies * De-escalation Techniques Suicide * Empathy * Coping Skills * Stress Management * Addiction * Kindness * Self Harm * Journaling