

ERIE COUNTY TECHNICAL SCHOOL

PROPOSED AGENDA ITEM

DATE: May 25, 2006

SUBJECT: Board Policy 246- Student Wellness

INITIATED BY: Paul Fritz, Business Manager

DESCRIPTION:

The attached Policy 246-Student Wellness is presented for your review. The PSBA policy service template was used.

Operating Committee is required to appoint a Wellness Committee to develop Student Wellness Policy to recommend to JOC for adoption:

Parent:	Kathleen Brown
Student:	Jessica Brown, Culinary Arts, Harbor Creek SD
School Food Authority:	Kathleen Palotto, Food Service Director
Instructor:	Janet Grossman, Culinary Arts Curt Oakes, Culinary Arts
Administration:	Natalie Fatica, Human and Quality Resource Coordinator Paul Fritz, Business Manager
Public:	Al Vogan, PSU, Culinary Occupational Advisory
Committee	
Operating Committee:	

(Board Policy Formulation is Policy No. 009)

RECOMMENDATION:

Board Policy 246-Student Wellness is presented for Operating Committee review at this meeting, with subsequent adoption at the next meeting on June 22, 2006.



SECTION: PUPILS

TITLE: STUDENT WELLNESS

ADOPTED:

REVISED:

	246. STUDENT WELLNESS
1. Purpose	Erie County Technical School recognizes that student wellness and proper nutrition are related to students' physical well-being, growth, development, and readiness to learn. The Operating Committee is committed to providing a school environment that promotes student wellness, proper nutrition and nutrition education. In a healthy school environment, students will learn about and participate in positive dietary and lifestyle practices that can improve student achievement.
2. Authority P.L. 108-265 Sec. 204	To ensure the health and well-being of all students, the Operating Committee establishes that the district shall provide to students: A comprehensive nutrition program consistent with federal and state requirements. Access at reasonable cost to foods and beverages that meet established nutritional guidelines.
3. Delegation of Responsibility Pol. 808 P.L. 108-265 Sec. 204	The Director or designee shall be responsible to monitor programs to ensure compliance with this policy, related policies and established guidelines or administrative regulations. Staff members responsible for programs related to student wellness shall report to the Director, or designee regarding the status of such programs. The Director or designee shall report once every three years to the Operating Committee on the school's compliance with law and policies related to student wellness. An assurance that district guidelines for reimbursable meals are not less restrictive than regulations and guidelines issued for schools in accordance with federal law shall be provided once every three years by the Director or designee.
4. Guidelines	<u>Wellness Committee</u> The Operating Committee shall appoint a Wellness Committee comprised of at least one (1) of each of the following: Operating Committee member, school

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	administrator, school food service representative, student, parent/guardian, member of the public. The Wellness Committee shall serve as an advisory committee regarding student health issues and shall be responsible for developing a Student Wellness Policy that complies with law to recommend to the Operating Committee for adoption. <u>Nutrition Education</u> The goal of nutrition education is to teach, encourage and support healthy eating by students. Promoting student health and nutrition enhances readiness for learning and increases student achievement. School staff shall cooperate with agencies and community organizations to provide opportunities for appropriate student projects related to nutrition. <u>Physical Activity</u> The school shall strive to provide opportunities for developmentally appropriate physical activity during the school day for all students. <u>Other School Based Activities</u> School shall provide adequate space, as defined by the district, for eating and serving school meals. Students shall be provided a clean and safe meal environment. Meal periods shall be scheduled at appropriate hours, as defined by the school. Drinking water shall be available at all meal periods and throughout the school day. Students shall have access to hand washing or sanitizing before meals and snacks. Nutrition professionals who meet criteria established by the district shall administer the school meals program. Professional development shall be provided for district nutrition staff. Access to the food service operation shall be limited to authorized staff. Nutrition content of school meals shall be available to students and parents/guardians. The district shall provide appropriate training to all staff on the components of the
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	Student Wellness Policy. Goals of the Student Wellness Policy shall be considered in planning all school based activities. Fundraising projects submitted for approval shall be supportive of healthy eating and student wellness. Administrators, teachers, food service personnel, students, parents/guardians, and community members shall be encouraged to serve as positive role models through district programs, communications and outreach efforts. <u>Nutrition Guidelines</u> All foods available in district schools during the school day shall be offered to students with consideration for promoting student health and reducing childhood obesity. Foods provided through the National School Lunch or School Breakfast Programs shall comply with federal nutrition standards under the School Meals Initiative. Competitive foods are defined as foods offered at school other than through the National School Lunch or School Breakfast Programs and include a la carte foods, snacks and beverages; vending food, snacks and beverages; snacks and beverages; fundraisers; classroom parties; holiday celebrations; and food from home. All competitive foods available to students in district schools shall comply with the following nutrition guidelines: • Be appealing and attractive to student population • Offer a variety of fruits and vegetables • Serve low-fat, fat-free, and whole milk choices • Ensure that half of the served grains are whole grain. • Be served in clean, safe and pleasant surroundings • Meet, at a minimum, nutrition requirements established by local, state and federal statutes and regulations References: Child Nutrition and WIC Reauthorization Act of 2004 – P.L. 108-265 Sec. 204
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