



Sports Therapy and Exercise Science

CIP Code: 51.2604

Course Sequence Chart

	<u>1st Quarter</u>	<u>2nd Quarter</u>	<u>3rd Quarter</u>	<u>4th Quarter</u>
FUNDAMENTALS	STS111 15 Orientation and Safety	STS121 45 Integumentary & Skeletal Systems	STS131 60 Cardiovascular & Endocrine Systems	STS141 45 Urinary & Digestive Systems
	STS112 60 Intro to Anatomy & Physiology	STS122 60 Muscular & Nervous Systems	STS132 45 Lymphatic & Respiratory Systems	STS142 45 Reproductive & Immune Systems
	STS113 45 Infection Control & Disease Transmission	STS123 15 Career Pathways	STS133 15 Medical Terminology	STS143 30 Gait Pattern
	PFS109 7.5 Leadership Principles	PFS110 7.5 Leadership Principles		
	TOTAL: 127.5	TOTAL: 127.5	TOTAL: 120	TOTAL: 120
ADVANCED ODD	STS211 60 Safety Practices & Employability	STS221 45 Fitness Testing	STS231 90 Exercise Design	STS241 30 Organizational & Professional Health
	STS212 60 Emergency Care	STS222 45 Nutrition & Hydration	STS232 30 Modalities	STS242 60 Rehabilitation Practices
	PFS209 7.5 Business Principles	STS223 30 Clinical Skills		STS243 30 Sport Psychology
		PFS211 7.5 Business Principles		
	TOTAL: 127.5	TOTAL: 127.5	TOTAL: 120	TOTAL: 120
ADVANCED EVEN	STS311 60 Documentation & Professional Portfolio	STS321 60 Pharmacology	STS331 60 Human Development & Mental Health	STS341 60 Legal & Ethical Issues
	STS312 60 Injury Recognition & Prevention	STS322 60 Treatment & Rehabilitation	STS332 60 Weight Management	STS342 60 Professional Practices
	PFS309 7.5 Total Quality Principles	PFS310 7.5 Total Quality Principles		
	TOTAL: 127.5	TOTAL: 127.5	TOTAL: 120	TOTAL: 120

Updated Date: April 2022. Level II and III curriculum is taught in alternating years. Level II curriculum is offered in school years with odd numbers in the fall, Level III with even numbers.